

**Abstract**  
**Perfect 1-Factorisations**

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A matching in a graph  $G$  is a subset  $M \subseteq E(G)$  of the edge set of  $G$  such that no two edges of  $M$  share a vertex. A 1-factor of a graph  $G$  is a matching  $F$  in which every vertex of  $G$  is in one of the edges of  $F$ . If  $G$  is a  $\Delta$ -regular graph of even order then we can ask whether  $G$  admits a 1-factorisation, namely a partition of its edge set into  $\Delta$  1-factors.

Suppose that  $F_1, F_2, \dots, F_\Delta$  are the 1-factors of a 1-factorisation  $\mathcal{F}$  of a  $\Delta$ -regular graph  $G$ . If, for each  $1 \leq i < j \leq \Delta$ , the union  $F_i \cup F_j$  is the edge set of a Hamilton cycle in  $G$ , then we say that  $\mathcal{F}$  is a perfect 1-factorisation of  $G$ . We will discuss some of the history and properties of 1-factorisations, including the recent discovery of a perfect 1-factorisation of  $K_{56}$ .